



Pietro Bussotti



TIN

Sex Male | Date of birth

Nationality Italy

STUDIES APPLIED FOR

- Work and organizational psychology
- Professional empowerment and coaching
- Cognitive-behavioural psychotherapy

WORK EXPERIENCE

W&O Psychologist, CBT Psychotherapy specialist. I am involved in occupational safety & health for years, analysing the phenomenon according to systemic and behavioural variables.

Professor on contract of applied clinical psychology in WOP - module "bossing, bullying and harassment at work" in the Degree in Occupational Psychology and now in the course of "Applied psychology to manage work distress and well-being promotion" in the "master's degree course in psychology - specialization in "Work, organizations and marketing" - European University of Rome.

I regularly collaborate with other universities and specialization institutes such as the Istt. Walden and Istt. Skinner and teaches courses in forensic psychology.

Currently I am in the **CNOP president's staff (National Council Order of Psychologists)** as advisor for work-organisational psychology. I coordinate the work psychology task force and I have recently elaborated relevant collaboration protocols between the Order of Psychologists and:

- National Council of Engineers,
- Ferrovie dello Stato Group (national railways),
- ANMIL (national association for work-related invalids),
- CASAGIT (health fund of the Order of Journalists)
- INAIL (National Institute for Insurance against Accidents at Work and Research)
- Etc.

I have a permanent contract as specialist for the USL Umbria2 (Local Health Authority – Region of Umbria), in Workplaces Prevention and Safety Service. **Main activities:**

- Assess and contrast bossing at the work phenomena
- Work-related distress prevention
- Workplace safe behaviours promotion
- Psychodiagnostics to detect work-related psychological damages
- Supervision and control delegated by the court on safety at work in local businesses activities
- Risk management
- Workers potential evaluation and staff selection

Author of Region of Umbria guidelines, developed for the Local Health Authority, concerning moral harassment, bossing and workplace bullying.

Trainer and professor for many private companies, government agencies and universities on a variety of topics, including:

- communication, teamwork, leadership development,
- reduction of work-related distress, promotion of organizational well-being,
- attention empowerment

(omissis)

month of June 2024

Privacy Policy - I agree that my personal data are processed and treated in accordance with Italian and European privacy legislation.



- training and education methods and techniques
- work ergonomics and organization,
- contrast bossing, bullying and moral violence in the workplace,
- behaviour based safety
- ergonomics of new technologies
- Qualified to teach courses on safety at work for Italian law – “accordo interministeriale del 2013 – criterio 2 punto 3.”
- etc.

Many collaborations with various government bodies and institutions such as INAIL (National Institute for Insurance against Accidents at Work and Research), the General Secretariat of the Presidency of the Republic, various Local Health Authorities, Regions, etc ... Former member of the National Network for the Prevention of Psychosocial Discomfort and member of the Interregional Supervisory and Control Services Group. I am currently in EFPA Standing Committee (**European Federation of Psychology Associations**) as WOP Italian representative and EuroPsy Specialist.

Many collaborations and business advice with various sizes companies, from small and medium to large multinationals, including:

- | | |
|--|------------------------------|
| • ThyssenKrupp SpA, | • Bayer MaterialScience SpA, |
| • Acciai Speciali Terni, | • Bayer Sheet Europe SpA |
| • Società delle Fucine, | • Treofan SpA, |
| • TE Electronics SpA, | • Grande Meccanica SpA, |
| • Umbria TPL e Mobilità SpA, | • Titanium SpA, |
| • SII s.c.p.a, | • Evoluzione Logistica coop, |
| • SVIT srl, | • Adecco SpA, |
| • Manpower SpA, | • INPS, |
| • Employer's associations and trade unions | • Leonardo SpA, etc... |

I dealt with **communication applied to marketing** in large-scale distribution.

I dealt with **applied research** for the CNR (Institute of Cognitive Sciences and Technologies) and for the DIES (Department of Innovation and Society of the University of Rome La Sapienza), as well as taking part in the national technical table for the CCM project national research on work-related stress as representative of Umbria in collaboration with INAIL.

Many research conducted on the topic of psychosocial risks in various fields: HR management, healthcare personnel, banking sector, penitentiary sector, school and training institutes, and security subjects to identify current evaluation systems methodological criticalities and develop new tools (for the Health Department of the Umbria Region).

Publication of many articles for popularizing purposes in the field of psychology and some scientific publications. I took hundreds of **training courses and conference interventions**.

For some years I worked as a permanent psychologist and psychotherapist specialist for the **Health Agency - Developmental Service**, dealing with neuropsychological assessment and diagnosis, individual, family and group psychotherapy, planning rehabilitation interventions and coordination of social activities, optimization of care processes.

Order of Psychologists board member of the Region of Umbria, in which I am a member of Equal Opportunities Committee, Communication Commission and head of the Umbrian professional networks for Work-Occupational Psychology and Sport Psychology.

EDUCATION AND TRAINING

March 2022

EMDR qualification

EMDR Italia in Rome

- Legal certificate that enables to apply the EMDR in psychotherapy

January 2019

Coping Power Program qualification

Psychotherapy and Cognitive Sciences School in Genova

- Legal certificate that enables to apply the CPP in schools and in individual psychotherapy

(omissis)



- November 2015 **Master in Legal Psychology and Criminology**
SIPEA Institute in Rome
- Legal certificate that enables to the work as technical consultant and forensic expert for the court
- December 2011 **certificate of RSPP (safety manager)**
Confindustria dell'Umbria
- Legal certificate that enables to the work of safety managers in all macro-productive sectors
- November 2010 **Five-year post-graduate specialization in CBT psychotherapy**
Walden Institute of Rome
- Legal certificate that enables to the work of psychotherapist (30/30 magna cum laude)
- From April 2006 - Actual **Recording of Psychologists Register with record "qualified to psychotherapy" (serial no. 690).**
Albo degli Psicologi della Regione dell'Umbria
- Legal certificate that enables to the work of psychologist
- November 2004 **Master's degree in human resource management and training of staff**
IRI Management & Master Wheel Associati
- Training course on the subject of Organizational Consulting, Staff Selection and Training methods
- From June 2004 - Actual **Degree in Psychology of Work and Organizations**
University of Rome "La Sapienza"
- Score 110/110 magna cum laude
 - The topic of the thesis work was "The consumers defense" (award-winning from ICU foundation Consumers Association).

PERSONAL SKILLS

Mother tongue(s)

Other language(s)

Italian

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B1	B1	B1	B1	B1
French	C2	C2	C2	C2	C2

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user
 Common European Framework of Reference for Languages

Communication skills

Very good communication skills gained through my studies and experience as business consultant and psychotherapist.

Organisational / managerial skills

Good organisational skills gained through my studies and experience as work psychologist.

Job-related skills

Very good level of problem-solving skill, distress management and conflict negotiation.

Computer skills

Good command of any kind of Office tools, cloud computing, cross-platform and multiple IT operating systems.